

GMB

TRADE UNION

PENSIONS DROP-IN SESSION



**HAVE QUESTIONS ABOUT
YOUR PENSION?**

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GMB Convenor

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Cumbria Pension Committee Member



DATE:

TIME:



LOCATION:

Whether you're near retirement or just getting started,
we're here to help

- ✓ Get information
- ✓ Know who to contact
- ✓ Understand your options

NOT A GMB MEMBER?

Join today at

www.gmb.org.uk/join-gmb



Westmorland & Furness

June

18th Waste Depot North Lonsdale Rd Ulverston - 1 pm
24th Applethwaite Green Windermere - 1.30pm
25th Croftside Milnthorpe - 1 pm
30th Parkview Gardens Barrow - 1.30pm

July

1st Bridge House Flookburgh - 1.30pm
2nd Grisedale Croft Alston - 1 pm then Highways Depot Alston 3pm
3rd Elmhurst Ulverston - 1.30pm
7th Riverside House Kendal - 1.30pm
8th Jubilee House Barrow - 1 pm
9th Craven House Barrow - 11 am
10th Christian Head Kirkby Stephen - 1.30pm
16th Salt House Road Barrow - 11.30am
17th Skirsgill Depot Penrith - 1 pm

August

19th Millness Depot - 1 pm
20th Kendal Waste Services Kendal - 1 pm
21st Voreda House Penrith - 11 am
18th Barrow Town Hall - 11 am
27th Sowerby Woods Barrow - 1 pm

Cumberland

June

11th Charlton Rd Hub Workington - 3pm
12th Hensingham Day Centre Whitehaven - 3pm
26th CES Stores Maryport - 3.30pm

July

14th Burnrigg Ct Carlisle - 1.30pm
15th Civic Centre Carlisle - 9.30am then Eskdale House Longtown - 1.30pm

August

5th Inglewood Care Home Wigton - 1.30pm
6th Park Lodge Aspatria - 1.30pm then Hensingham Day Centre Whitehaven - 3pm
7th Parkside Maryport - 1.30pm
11th Richmond Park Workington - 1.30pm
12th The Gables Whitehaven - 1.30pm
13th Lapstone House Millom - 1.30pm
26th West Cumbria House Workington - 11 am
28th Allerdale House Workington - 11 am then Workington Bin Depot - 3pm

September

1st Highways Depot Dalston - 2pm